



Internships are an important part of the college experience as they provide students with on the job experience and help them develop career competencies to ensure that they are career ready upon graduation. The office of Career Services knows that the COVID-19 pandemic has resulted in the cancelation, postponement, or change in many of the internships previously arranged for our students. However, we are here to assist you as you navigate through these changes so that you are equipped with the necessary skills and experience needed to succeed in the work force. Below you will find tips, tools, and resources to help guide in your internship search and career preparation during this time. Our office is also available for resume and cover letter construction and feedback, mock interviews, career decision making consults, and much more.

TIPS:

1. Focus your search on industries experiencing growth & use multiple search strategies to find opportunities such as traditional internships/job search websites, company websites, LinkedIn, & networking.
2. Follow up with employers about potential opportunities. Be patient but persistent; show them how you are able to contribute and ask about completing an internship remotely.
3. Be flexible & open minded. Consider non-traditional internship opportunities such as virtual & micro internships, freelance & general work experience, volunteering, & informational interviewing.
4. Focus on career & skill development to help you succeed & make yourself as marketable as possible. Explore free classes, webinars, certifications, etc. that are available during this time that will increase your knowledge & skill set.
5. Join professional groups & organizations related to your career field & cultivate professional connections.
6. Stay virtually engaged by building a professional online presence through social media sites such as LinkedIn & explore potential opportunities by networking.
7. Know that potential employers will be understanding of this situation & use your ability to adapt as a strength when you do have an interview.

TOOLS:

1. [MSU Career Services information on internships](#)
2. [Internship status tracker by company](#)
3. [What to do if the Coronavirus Cancels Your Summer Internship by Christopher Rim](#)
4. [11 Tips For College Graduates and Students Looking for Internships During COVID-19 by Dominique Fluker](#)
5. [7 Tips to Transform a Cancelled Summer Internship into a Career-Building Opportunity by Meghan Pasricha](#)
6. [How to Score an Internship during the COVID-19 Pandemic by Jon Schlesinger](#)
7. [Coronavirus Is Upending Internships for Students. Here's What to Do If Yours Was Canceled by Joanna Nesbit](#)
8. [Dos and Don'ts to Ace Your Virtual Internship by Dani Moritz](#)

INTERNSHIP SEARCH RESOURCES: (Search using key words like internship, remote, virtual, etc. to focus your search.)

1. <https://www.moreheadstate.edu/careernet> Current opportunities specifically for MSU students
2. <http://info.parkerdewey.com/moreheadstate> Paid micro-internships tailored for MSU students
3. <https://covintern.com/jobs/> Opportunities for remote internships
4. <https://www.idealists.org/en/> Job, internship, and volunteer opportunities
5. <https://www.wayup.com/> Internships and jobs geared toward students
6. <https://www.internships.com/> Paid and unpaid opportunities
7. <https://www.ziprecruiter.com/> Banners indicated which companies are actively hiring during COVID-19
8. <https://www.collegerecruiter.com/> Geared toward students and recent graduates
9. <https://www.usajobs.gov/working-in-government/unique-hiring-paths/students/> Government Internships
10. <https://www.internjobs.com/> Global database of internships

PRO TIP: LIST A CANCELLED INTERNSHIP ON YOUR RESUME. FIND OUT WHY [HERE](#).

EXPLORE. CONNECT. EXPERIENCE. SUCCEED!