

WHAT TO DO IF SICK, INFECTED, OR EXPOSED TO COVID-19

MSU Guidance on Covid-19 Public Health Precautions

The following information is provided for general reference.

What to do if:

You are feeling sick or have COVID-19 symptoms.

- Contact your healthcare provider or **MSU Counseling & Health Services at (606) 783-2055** to schedule a telehealth appointment. Your healthcare provider will provide additional instructions.
- Protect those around you – shelter in place, properly wear your mask, practice good hygiene, and social distance.

You test positive for COVID-19.

- Contact the MSU COVID Support Team at covid-19@moreheadstate.edu.
 - Providing the applicable information to the COVID Support Team is the primary means to receive a University excused absence due to COVID reasons.
 - Follow the additional instructions provided by the COVID Support Team and MSU.
- Notify your instructors if you will miss class.
- Follow the instructions and directives given to you by the health department and MSU.

You have been notified that you are a close contact of someone who tested positive for COVID-19.

- Contact the MSU COVID Support Team at covid-19@moreheadstate.edu.
 - Providing the applicable information to the COVID Support Team is the primary means to receive a University excused absence due to COVID reasons.
 - Follow the additional instructions provided by the COVID Support Team and MSU.
- If directed to quarantine by the health department or MSU, notify your instructors if you will miss class.
- Follow the instructions and directives given to you by the health department and MSU.

You believe that you may have been exposed to COVID-19 or have questions.

- Contact one of the following:
 - MSU COVID Support Team at covid-19@moreheadstate.edu.
 - Your local health department.
 - Your primary care provider.
 - KY COVID-19 Hotline at (800) 722-5725.
- Monitor yourself for symptoms for up to 14 days after exposure.
- Get a COVID-19 test.