

Morehead Build-A-Bed Project Fact Sheet



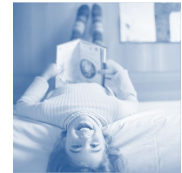
Project Overview: Many Kentucky children are living in homes with not enough beds or none at all. This project is designed to promote healthy bedtime rituals, improve the quality of sleep, and create happier days, brighter dreams and more opportunities for a lifetime of success.

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Build-A-Bed Website: www.moreheadstate.edu/buildabed



Partners: MSU Office of Regional Education and Outreach
Retired Senior Volunteer Program (RSVP)
Community volunteers & donors

MSUCorps
Gateway Homeless Coalition
Frenchburg Job Corps CCC

Project Goal : The mission of the Morehead Build-A-Bed Project is to ensure that children are guaranteed a proper place to sleep in their home. Each year, the project aims to build more beds and exceed our goal.

Previous Outcomes: **2019 exceeded project goal of 250 beds, built and distributed 300 beds.**
2018 exceeded project goal of 250 beds, built and distributed 300 beds.
2017 exceeded project goal of 200 beds, built and distributed 256 beds.
2016 exceeded project goal of 170 beds, built and distributed 180 beds.
2015 exceeded project goal of 160 beds, built and distributed 183 beds.
2014 exceeded project goal of 120 beds, built and distributed 150 beds.
2013 exceeded project goal of 75 beds, built and distributed 98 beds.

Project Perimeters: Along with a handmade twin bed frame and mattress, each child gets a bedtime kit, which includes a sheet set, pillow, comforter/quilt, a book, alarm clock or night light, stuffed animal, and a hygiene kit.

Build-A-Bed History: The Kentucky Build-A-Bed project began in 2009 when two Kentucky AmeriCorps Programs, Success Corps and FRYSC Corps, built 57 beds for children in their service region. Since 2009, the project has gained much momentum. In 2010, the founding groups spearheaded a massive statewide build where 557 beds were built and distributed to P-12 students across Kentucky. In 2011, various Kentucky AmeriCorps programs began hosting regional builds across the state. MSUCorps and the Morehead Build-A-Bed Partners are beginning their eighth year of their regional Build-A-Bed project.

Project Results:

- Build stronger partnerships with outreach groups at Morehead State University and the community by working together to help children in the community
- Promote healthy bedtime rituals and improve the quality of sleep for school age children to create more opportunities for a lifetime of success

