

Department of Nursing



Nursing News



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Fall 2015

Fall 2015 in the Department!



Welcome from the Chair!

We have had a busy fall 2015 semester! I am happy to report that we have three new team members this year. Sharon "Shari" Hays joined us in August as our Academic Department Specialist (ADS). Prior to that time she worked in Facilities Management for 19 years. Shari is a Morehead State University alumni and holds a Bachelor of Arts (BA) degree. We have two new faculty members this year as well. Merry Jo Cloud joined us in the fall se-

semester as an Instructor and serves as the Patient Care Laboratory Coordinator. Merry Jo helped teach in the senior-level capstone clinical course for our Associate degree students. Merry Jo is a MSU alumni from our BSN degree program. She earned a Master of Science in Nursing (MSN) from Kansas State University with a focus in Nursing Education. Casey Burke joined the Department of Nursing as a Clinical Instructor in the fall as well. She holds a MSN from Frontier University and is board certified as a Family Nurse Practitioner (FNP) through the American Academy of Nurse Practitioners.

The Department of Nursing reorganized the nursing leadership team structure to reflect some of the recommendations made last academic year in the university self-study process. Dr. Teresa Ferguson was promoted to Assistant Program Coordinator and is responsible for the Associate of Applied Science in Nursing (AASN) program at the Mt. Sterling campus. Dr. Teresa Howell assumed the Program Coordinator role for the AASN program for both the Morehead State University (MSU) and Mt. Sterling / Clay Center campuses.

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Congratulations!



Jennifer Schadle

Congratulations to Jennifer Schadle, BSN, RN, for winning the 2015 Emerging Nurse Leader award from the Bluegrass District Kentucky Organization of Nurse leaders (KONL)!

Schadle has been working at St. Claire Regional Medical Center on the fifth floor for three years, where she serves as a charge nurse and preceptor.



Allison Breeze

Congratulations to Allison Breeze, a sophomore in the BSN program who was awarded the Reserve Grand Champion Market Lamb at the 2015 Kentucky State Fair!

This is her 3rd award at the state fair over the past 3 years.

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² ADN Coordinators' Report

Greetings from the Associate of Science in Nursing Program (ADN)!

The Associate Degree Nursing Program offered a new pre-nursing course (NURA 112: Introduction to Nursing Concepts) in fall 2015.

The first cohort of students who completed this course and met all admission requirements were admitted into the spring 2016 class. We are also pleased to announce that preliminary NCLEX-RN passage rates for 2015 are above the passing standard at both the Morehead and Mt. Sterling campuses.

The ADN faculty engage in scholarship through presentations and publications. Dr. Teresa Ferguson, Associate Professor of Nursing, and Dr. Teresa Howell, Professor of Nursing, published a manuscript in the Nursing Clinics of North America, Bedside Reporting: Protocols for Improving Patient Care, DOI:

10.1016/j.cnur.2015.07.011. Lisa McDavid, Associate Professor of Nursing, presented a poster "Using Technology to Increase Communication among Faculty and Students" at the Organization for Associate Degree Nursing (OADN) 2015 Annual Convention in Jacksonville, Florida in November 2015.

The Associate Degree Nursing Program continues to partner with the community to provide service learning opportunities for students. Service learning endeavors in fall 2015 included health fairs at local schools which provided education on topics such as nutrition, exercise, dental hygiene, bullying, ATV safety, drugs and alcohol. The ADN also donated over 100 items to the MSU Food Bank for students in need this semester. This effort was coordinated by Amy Brown, MSN, RN, Associate Professor of Nursing.

In December 2015, there were 29 graduates of the Associate Degree Nursing Program at the Morehead Campus and 8 graduates at the Mt. Sterling Campus.



Dr. Teresa Howell



Dr. Teresa Ferguson

BSN Coordinator's Report

Greetings from the Bachelor of Science in Nursing Program (BSN)!



Dr. Kim Clevenger

Admissions

Each fall, the BSN program admits a full class of 60 students to the BSN program. The recent MSU Self Study recommended that the BSN pre-licensure program explore planning for a two cohort per year admission cycle due to the increased number of qualified applicants over the last few years. A two cohort system would facilitate placement of qualified applicants and increase the number of baccalaureate degrees awarded by MSU. Additionally, going to a two cohort per year admission cycle will assist the profession of nursing in meeting the IOM recommended 80% of nurses in the United States hold at least a baccalaureate in nursing (BSN) by the year 2020.

Nursing News

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ADN Coordinators' Report Continued

The graduate reception and awards were held on November 30th in the Gerald DeMoss Conference Room at the Center for Health, Education and Research (CHER). Among those receiving awards was Jessica Kidd who received the Excellence in Nursing Award, a \$500 cash award from St. Claire Regional Medical Center, presented by Christa Thompson, SCR Learning and Organizational Development. HESI-RN Exit Awards were presented to Brandis Meade at the Morehead Campus and Angela Smallwood at the Mt. Sterling Campus. The winner of the Art of Nursing Award is selected by both faculty and students as the graduate they would most want to provide care for them or their family. The Art of Nursing Award was presented to Kayce Fraley at the Morehead Campus and Kelsey Peck at the Mt. Sterling Campus. Katie Tanner received the Excellence in Simulation Award. The Excellence in Community Service Award was presented to Chelsea Downey-Gozzard.

BSN Coordinator's Report

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Curriculum Revision

The BSN program faculty engage in a continuous evaluation process in order to ensure our program meets the needs of our students, adherence to the standards of practice in nursing and nursing education, as well as equipping our students to meet the needs of an ever changing health care environment. The BSN program is anticipating a few curriculum changes during the next academic year. In order to be more in line with other BSN programs, we will be decreasing the total number of hours required from 121 credit hours to 120 credit hours. Additionally, there will be a change with the NURS elective requirement, an additional credit hour of NURB 326 Advanced Health Assessment, and the incorporation of a required pharmacology course. All changes are pending the curriculum committee approval process.

Successful Reaccreditation

The BSN program completed a successful site visit/self-study in April 2015 and received official notification from CCNE this fall that the BSN program at MSU was reaccredited for an additional 10 years! The next review cycle will be in 2025. I would like to thank the faculty and staff for all their hard work on making the reaccreditation process a success!

2015 NCLEX Passage Rate

The BSN program has an unofficial NCLEX passage rate of 100% for 2015! The BSN program is very proud to offer quality programming for students from the service region and beyond. Our graduates are employed by area health care facilities and throughout the nation.

We are very proud of our graduates and their contribution to the region.



Online Nursing Programs Coordinator's Report

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Greetings from the Post-Licensure RN-BSN Online Nursing Program!



Dr. Lucy Mays

A lot of changes are happening with the program. Curriculum revision is one aspect of the changes. A new curriculum has been developed that is competitive with other programs and is updated to address the changing health care environment. The purpose of the revised program is to effectively expand the nursing workforce to promote health and well-being of the populace at the local and global level. The curriculum proposals have been submitted and are now under review at Morehead State University (MSU). The planned implementation date for the new curriculum is Fall 2016. The Post-Licensure Baccalaureate Nursing Program is also moving toward eight week modular courses rather than full semester courses. Eight week modular courses facilitate the educational needs of students who have full time employment. Half of the courses will be in eight week modules for the Spring 2016 term and all will be converted to eight week modular courses for Fall 2016. Two online nursing courses were offered for the new Winter 2015 term from December 15, 2015 to January 15, 2016 to further accommodate student learning needs.

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BSN Coordinator's Report Continued

Students and Faculty

Giving Back to the Community

Our BSN students and faculty continue to provide multiple community health fairs, presented health education programs in local public and private schools, presented their research, participated in community service in conjunction with the Kentucky State Police Trooper Island, "Oh Baby it's a Baby Shower" sponsored in conjunction with UK Healthcare, AHEC, and St. Claire Regional Medical Center, Alzheimer's Awareness Turkey Trot, March of Dimes Walk, and assisted in the continued relief efforts in Haiti in conjunction with Children's Lifeline International. We are so proud of our graduates, current students and faculty.

Online Nursing Programs Coordinator's Report

(Continued from Page 3)

The Department of Nursing at MSU has partnered with St. Claire Regional Medical Center (SCRMC) to provide an educational experience specific to the learning needs of SCRMC Associate Degree prepared nurses. Funding for the nurses in this project was provided for by SCRMC, TENCO and EKCEP to promote work-force development within the coordinating service regions. A cohort of students from SCRMC was admitted Fall 2015, and participated in a courses that contained the option of attending class/lab face to face, completing course requirements online, or completing course requirements by both attending class/lab face to face and online. One emphasis in the class was to assist students in developing skills needed in the online learning environment. While some students already possessed these informatics skills and chose to complete course requirements online, others had not attended class in 20 plus years and attended face to face class/lab until they mastered the skills needed to be successful in the online learning environment. Student feedback from this course was very positive. We look forward to admitting a second cohort from SCRMC for the Spring 2016 term.

There were 17 graduates from the Post-Licensure Baccalaureate Nursing Program for Fall 2015. Two students tied for the award for their capstone project. Kourtney Black was a winner with her project *Resuscitation Efforts with Family Presence* and Perdita Prater was also a winner with her project *Appropriate Management of Blood Cultures in the Clinical Setting*. Academic Award winners were Pamala Roberts (first place), Mindy Greene (second place) and Tara Ensor (third place). We are very proud of our graduates and look forward to seeing the contributions they make to the health care environment.

The Department of Nursing is also exploring the addition of a Master of Science in Nursing Program (Family Nurse Practitioner). Market surveys have been very positive for the program. Preliminary plans include a possible implementation date of Fall 2017.

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Fall 2015 in the Department!

Dr. Kim Clevenger is Program Coordinator for the traditional (land-based) BSN program. We anticipate going to a 2-cohort admission process (admit fall and spring semester) in 2017. Dr. Lucy Mays moved from the Program Coordinator role for the AASN program at the MSU campus to the newly created Online Nursing Programs Coordinator. Dr. Mays is working closely with the administrative team at St. Claire Regional Medical Center (SCRMC) to admit their associate-degree prepared registered nurses into the Online RN-BSN completion program. The SCRMC Chief Nurse Officer, cites improved patient care outcomes and the Magnet hospital recognition criteria of 80% of RNs prepared at the BSN level as a major impetus for this initiative.

The Arnold P/ Gold Foundation and the American Association of Colleges of Nursing (AACN) awarded a grant to the MSU Department of Nursing to hold a *White Coat Ceremony* for the entering BSN class. Morehead State University was one of two schools in the Commonwealth of Kentucky to be selected for this program. Only 60 nursing schools across the nation were selected for this recognition in 2015. More about this program and the new initiatives in the Department of Nursing our shared in the Fall 2015 newsletter.

White Coat Ceremony



The Morehead State University (MSU) Bachelor of Science in Nursing program was selected through a competitive grant application process to hold a *White Coat Ceremony*. Morehead State University was one of 60 programs selected from across the nation for this distinction by the Arnold P. Gold Foundation and the American Association of Colleges of Nursing (AACN).



The Gold Foundation works with health professionals across the country and with students enrolled in health programs. The Foundation desires to instill a culture of respect, dignity, and compassion for patients and health professionals. The aim of the Gold Foundation is delivery of compassionate care. Health professionals enjoy a staggering ascendance of science and technology along with the greatest economic healthcare challenges. This is why it is more critical than ever to maintain the “care” in healthcare. This is why the Gold Foundation logo features a heart-shaped stethoscope in the center of their lapel pin that each student participating in the ceremony received.

The *White Coat Ceremony* was held on Friday, December 4, 2015 in the Demoss Conference Center in the Center for Health, Education and Research (CHER) building. Over 120 guests were in attendance to help 58 students celebrate at this event.

President Wayne Andrews greeted guests in attendance and spoke of the University’s support for quality health care in the University’s service region and across the Commonwealth.

Dr. Colleen Swartz, Chief Nurse Executive at UK Chandler Medical Center in Lexington Kentucky gave the Keynote Address and shared statistics on how nurses impact patient care outcomes. Dr. Lerae Wilson delivered the Plenary talk and shared the impact that nurses have at the bedside, especially for terminally ill patients.

Each student recited the *White Coat* ceremony oath. They received the Arnold P. Gold Foundation pin, a scroll of the *White Coat Ceremony* oath and blue and gold honor cords which are the colors of Morehead State University as they crossed the stage.

Nursing is a rigorous curriculum and students attend clinical courses throughout their program of study. It is anticipated that participation in this ceremony will encourage students new to nursing programs to *stay the course*.



Faculty Scholarship



Michelle McClave
Associate Professor

Congratulations to Dr. Michelle McClave!

Faculty member, Michelle McClave, graduated from the Ed.D in Educational Technology Leadership program on Saturday, December 11, 2015 and is now the Online Faculty Liaison for Online Nursing Programs.

Dr. Michelle McClave, EdD, MSN, RN
Associate Professor and Online Faculty Liaison Online Nursing Programs



Michelle McClave
Associate Professor

Michelle McClave, MSN, RN, attended the Sigma Theta Tau International Honor Society of Nursing 43rd Biennial Convention in Las Vegas from November 6 through November 11. She presented in the Creative Arts in Nursing Peer-Reviewed Poster category, *Reflecting on Reflections to Discover Myself as a Leader*. This presentation discussed the mechanism she used to focus on her perspective of leadership by looking through the lens of a creative expression. She reflected on clinical reflections required in a variety of nursing education domains as a means to reflect on her own growth and development as a leader in both nursing and education. There were also connections made to other creative expressions of growth and development of leadership capabilities. The overriding purpose of this presentation was to provide attendees to view clinical reflection from a different perspective. This presentation offered not only the view of the nursing student, but also the view of the nurse educator. She also described her own growth as a result of reflecting on clinical reflections.



Lisa McDavid
ADN Associate Professor

The ADNP graduating class of fall 2015 were involved in a different learning strategy this semester. Using evidenced based practice at the bedside is crucial to promoting positive patient outcomes. ADN faculty Amy Brown and Lisa McDavid wanted to provide a learning activity that engaged the learner, the class, and gave an opportunity for group work with a speaking component. The QI presentation project did just that. The students were given topics that needed to be researched to provide the latest evidence based practice. They composed a power point presentation and handouts. This project not only incorporated research activities, but also prepared our students for advancement in their future employer's clinical ladder system. Our community partner, St. Claire Nursing Administration/Education department were on hand to evaluate the presentations.

Published Articles by MSU Nursing Faculty in Nursing Clinics of North America, 50 (4)

*Drs. Lynn Parsons, Morehead State University, Morehead, KY and Maria Revell, Tennessee State University, Nashville, TN were invited co-guest editors for the peer reviewed nursing journal - Nursing Clinics of North America, 50 (4)

*Guest Editor Preface Clinical Updates in Pathophysiology and Care Protocols for Nursing Management, pgs. xv-xvi Lynn Parsons & Maria Revell

*Orthopedic Injuries: Protocols to Prevent and Manage Patient Falls, pgs 645-661 Lynn Parsons & Maria Revell

*Diabetes Mellitus Standards of Care, pgs. 703-711 Lucy Mays

*Addressing Tobacco Dependence Through a Nurse-driven Tobacco Intervention Protocol, pgs. 725-733 Tasha Ceass & Lynn Parsons

*Bedside Reporting: Protocols for Improving Patient Care, pgs. 735-747 Teresa Ferguson & Teresa Howell

*Management of Travel-Related Illness Acquired in Haiti, pgs. 749-760 Michele Walters

*Heart Failure: Pathophysiology, Diagnosis, Medical Treatment Guidelines, and Nursing Management, pgs. 787-799 Chad Rogers & Nathania Bush

ADN Graduate Awards and Reception

On Monday, November 30, 2015, the Department of Nursing Associate of Applied Science in Nursing (AASN/ADN) hosted a Graduate Awards and Reception to honor their nursing graduates. The graduates received special awards, recognitions, and scholarships.

Graduates were recognized for the achievement of their degree and their dedication to the nursing profession. Several graduates were also recognized for their performance in particular areas associated with the program.

- *Excellence in Nursing Award presented by St. Claire.....Jessica Kidd
- *Excellence in Community Service Award.....Chelsea Downey
- *Excellence in Simulation Award.....Katie Tanner
- *Art of Nursing Award - Morehead CampusKayce Fraley
- *Art of Nursing Award - Mt. Sterling CampusKelsey Peck
(Voted on by the faculty and peers as the nurse they would most want to provide care for them or their family).
- *HESI Exit Exam Award - Morehead Campus.....Brandis Meade
- *HESI Exit Exam Award - Mt. Sterling Campus.....Angela Smallwood



Jessica Kidd, SCRMC Excellence in Nursing Award



Chelsea Downey-Gozzard, Excellence in Community Service Award

The Graduate Awards and Reception was held in the Gerald DeMoss Conference Room at the Center for Health, Education and Research (CHER). The welcome was given by Dr. Lynn Parsons, Department Chair. Dr. Lucy Mays and Misty Lilley presented information encouraging graduates to continue their education in the Morehead State University's Post-Licensure RN-BSN Online Program. Dr. Teresa Howell, ADN Program Coordinator at the Morehead/Mt. Sterling campus and Dr. Teresa Ferguson, ADN Assistant Program Coordinator presented the awards. The ceremony concluded with a reception in honor of the graduates.



Katie Tanner, Excellence in Simulation Award



Kayce Fraley, Art of Nursing Award - Morehead Campus



Kelsey Peck, Art of Nursing Award - Mt. Sterling Campus



Brandis Meade, HESI-RN Exit Award - Morehead Campus



Angela Smallwood, HESI-RN Exit Award - Mt. Sterling Campus

Post-licensure RN-BSN Online Program Awards and Reception

The Post-licensure RN-BSN Program at MSU is designed to support the goal of the American Nurses Association (ANA) to have all current working nurses obtain a BSN degree within ten years of RN licensure. National studies have shown that ongoing education leads to better patient outcomes and increases a nurse's flexibility and marketability in the workplace. MSU's RN-BSN program is leading the charge in Eastern Kentucky to help meet the goal set by the ANA. The RN-BSN program at MSU enhances nurses' ability to work with complex problems in the delivery of safe, efficient and effective care in a variety of settings.

The faculty would like to congratulate the following 16 students who graduated this fall from our post-licensure RN-BSN Online Program: Mollie Back, Tammy Banks, Kourtney Black, Melody Brewer, Rebecca Bryant, Alyse Darnell, Tara Ensor, Tiffany Fultz, Mindy Greene, Natasha Hendren, Lisa Parker, Leah Pharris, Pamala Roberts, Christy Roe, Cessinee Thornton, & Perdita Wireman.

Congratulations!



Dustin Stamper, a senior Morehead State University nursing student in the BNP program, was named the winner of the Hardee's \$10,000 College Fund Sweepstakes. This scholarship is based around the principles of service to the community, academic performance, and financial need. The competition was statewide and the scholarship was presented at University of Kentucky hospital. The funds will help him to accomplish his lifelong goal of becoming a nurse.



Important Dates

December 14	Winter Intersession Begins
January 11	Winter Intersession Ends
January 18	University Closed
January 19	Spring Semester Begins
March 9	1st 1/2 Semester Ends
March 10	2nd 1/2 Semester Begins
March 21-25	Spring Break for Students
May 9-13	Final Examinations
May 14	Commencement



For more information about the Department of Nursing programs, please visit www.moreheadstate.edu/nursing

Alumni, please submit your news to be featured in the next Department of Nursing Newsletter - Nursing News. Send us the latest and greatest about you and your fellow classmates. Tell us about your employment, promotions, continuing education, and community involvement you are involved in. Nominate other alumni for the Distinguished BSN Alumni Award. Please send your information to Misty Lilley at m.lilley@moreheadstate.edu.

Name _____ Maiden Name _____

Spouse's Name _____ Maiden Name _____ MSU Class Yr _____

Mailing Address _____

City _____ State _____ Zip _____

E-mail Address _____ Tel. _____

Employment Information:

Business Name _____ Title _____

Business Address _____

City _____ State _____ Zip _____

E-mail Address _____ Tel. _____